

Frequently Asked Questions

Q: How do the Good Night and Sleepy Baby lamps work?

A: The Good Night and Sleepy Baby Lamps have been designed to help promote sleep by encouraging the brain's production of the natural hormone, melatonin. Thus, preparing the body for sleep and regulating the body's natural circadian rhythm. In order for the Good Night or Sleepy Baby lamps to do their job in helping relax the body, we recommend that other sources of artificial blue light such as the television, computer and smart phones which can stimulate the body and inhibit sleep are eliminated during their use.

Q: Do I need to leave the Sleepy Baby or Good Night lamp on all night?

A: It is recommended that the Good Night or Sleepy Baby lamp be used for two hours before bedtime and then shut off when ready to sleep.

Q: Can I use the Good Night lamp while I watch TV?

A: The Good Night and Sleepy Baby lamps have the most influence when there is no interference from other sources of artificial blue light such as the television, computer and smart phones.

Q: Does LSGC offer any products for people who react or are bothered by the flicker of fluorescent light?

A: LSGC's LED lamps do not exhibit the flicker often associated with traditional fluorescent and compact fluorescent (CFL) lamps.

Q: Does the Good Night lamp help someone stay asleep all night or just fall asleep faster?

A: The Good Night LED Lamp has been designed to help promote sleep by encouraging the brain's production of the natural hormone, melatonin, preparing the body for sleep and regulating the body's natural circadian rhythm.

Q: What is the best way to use the Good Night or Sleepy Baby bulb?

A: It is recommended that the Good Night or Sleepy Baby lamp is used for two hours before bedtime and then shut off when ready to sleep.

Q: Does the Sleepy Baby come in a nightlight sized lamp?

A: The Sleepy Baby lamp comes in a P15 form factor with an E26 base (Edison base) which is not compatible with most nightlights on the market that use an E12 base.

Q: Which lamp would you suggest for Seasonal Affective Disorder (SAD)?

A: To assist those who are afflicted with Seasonal Affective Disorder, we offer the Awake and Alert lamp which is designed to boost energy, promote alertness, and enhance performance.

Q: Can I use the Good Night or Sleepy Baby bulb in an enclosed fixture?

A: The Sleepy Baby and Good Night lamps can be used in fixtures that are not fully enclosed. Enclosed fixtures have no air flow and will degrade the life of LED element, void the manufacturer's warranty and therefore not recommended for use with LED lamps.

Q: As a distributor/store owner who is interested in selling your products, who should I contact?

A: LSGC is always interested in speaking with potential partners in the promotion and sale of our innovative products. Interested parties should submit inquiring to InsideSales@lsgc.com.

Q: I ordered my lamps but have not received any confirmation or tracking number. What should I do?

A: Order confirmations and tracking numbers are typically sent within two working day of the purchase. If two working days have passed and you have not received any information then you should contact customer service at (321) 779-5520.

Q: Do you ship to destinations outside of the United States?

A: LSGC ships to certain international destinations. For your specific needs, please send a detailed request to InsideSales@lsgc.com.



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